

Attribute	Benchmark		CSD/DM (5915055): West Vancouver, BC		
	CSD/CY (5915051): North Vancouver, BC				
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Population aged 12 and over	56,471		41,861		
Maternal Experiences (Females Age 15-54)					
Takes vitamin supplement with folic acid	4,290	7.60%	2,818	6.73%	89
Gave birth - 5 yrs.	2,605	4.61%	1,661	3.97%	86
Folic acid supplement - 3 mo before pregnancy	1,596	2.83%	1,015	2.42%	86
Folic acid supplement - 3 mo before pregnancy - every day	1,571	2.78%	997	2.38%	86
Folic acid supplement - first 3 mo of pregnancy	2,364	4.19%	1,506	3.60%	86
Folic acid supplement - first 3 mo of pregnancy - every day	2,342	4.15%	1,492	3.57%	86
Folic acid supplement - aware can prevent birth defects	1,921	3.40%	1,223	2.92%	86
Iron supplement - during pregnancy	2,175	3.85%	1,391	3.32%	86
Co-sleeping with baby less than 12 mo - frequency: Every day or almost every day	1,178	2.09%	757	1.81%	87
Co-sleeping with baby less than 12 mo - frequency: Once or twice a week	260	0.46%	165	0.39%	85
Co-sleeping with baby less than 12 mo - frequency: A few times a month	168	0.30%	108	0.26%	87
Co-sleeping with baby less than 12 mo - freq: Less than once a month	180	0.32%	113	0.27%	84
Co-sleeping with baby less than 12 mo - freq: Never	818	1.45%	518	1.24%	86
Co-sleeping with baby less than 12 mo - reason: To breastfeed	1,226	2.17%	784	1.87%	86
Co-sleeping with baby less than 12 mo - reason: So the baby would sleep/So I could get some sleep	689	1.22%	443	1.06%	87
Co-sleeping with baby less than 12 mo - reason: Did not have room for a crib	21	0.04%	13	0.03%	75
Co-sleeping with baby less than 12 mo - reason: Could not afford a crib	0	0.00%	0	0.00%	
Co-sleeping with baby less than 12 mo - reason: Believe that bed sharing was best for my child	221	0.39%	137	0.33%	85
Co-sleeping with baby less than 12 months - reason: Child was sick	68	0.12%	43	0.10%	83
Co-sleeping with baby less than 12 months - reason: Other	381	0.67%	241	0.58%	87
Breastfed last baby	2,429	4.30%	1,552	3.71%	86
Did not breastfeed last baby - reason: Bottle feeding is easier	1	0.00%	0	0.00%	
Did not breastfeed last baby - reason: Formula is as good as breast milk	0	0.00%	0	0.00%	
Did not breastfeed last baby - reason: Breastfeeding is unappealing	13	0.02%	8	0.02%	100
Did not breastfeed last baby - reason: Medical condition - mother	12	0.02%	7	0.02%	100
Did not breastfeed last baby - reason: Other - Specify	43	0.08%	25	0.06%	75
Still breastfeeding last baby	835	1.48%	540	1.29%	87
Breastfed last baby - duration	0.19		0.16		84
Breastfed last baby - duration - days/weeks/months/years: Days	26	0.05%	17	0.04%	80
Breastfed last baby - duration - days/weeks/months/years: Weeks	148	0.26%	93	0.22%	85

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Breastfed last baby - duration - days/weeks/months/years: Months	1,708	3.02%	1,102	2.63%	87
Breastfed last baby - duration - days/weeks/months/years: Years	546	0.97%	340	0.81%	84
Breastfeeding - reason for stopping: Not enough breast milk	405	0.72%	268	0.64%	89
Breastfeeding - reason for stopping: Baby was ready for solid foods	242	0.43%	153	0.36%	84
Breastfeeding - reason for stopping: Inconvenience/fatigue due to breastfeeding	162	0.29%	98	0.23%	79
Breastfeeding - reason for stopping: Difficulty with breastfeeding	91	0.16%	58	0.14%	88
Breastfeeding - reason for stopping: Medical condition - mother	95	0.17%	63	0.15%	88
Breastfeeding - reason for stopping: Medical condition - baby	30	0.05%	18	0.04%	80
Breastfeeding - reason for stopping: Planned to stop at this time	87	0.15%	55	0.13%	87
Breastfeeding - reason for stopping: Child weaned him/herself	265	0.47%	166	0.40%	85
Breastfeeding - reason for stopping: Returned to work/school	151	0.27%	92	0.22%	81
Breastfeeding - reason for stopping: Other - Specify	65	0.12%	41	0.10%	83
Vitamin D supplement - baby less than 12 mo	2,096	3.71%	1,334	3.19%	86
Vitamin D supplement - baby over 12 mo	456	0.81%	288	0.69%	85
Vitamin D supplement - overall frequency: Every day	1,128	2.00%	719	1.72%	86
Vitamin D supplement - overall frequency: Almost every day	504	0.89%	318	0.76%	85
Vitamin D supplement - overall frequency: Once or twice a week	330	0.59%	212	0.51%	86
Vitamin D supplement - overall frequency: Less than once a week	134	0.24%	86	0.21%	88
Baby's feeds - While still breastfeeding, had/Have liquids such as milk, formula, water, juice been introduced to feeds	1,782	3.16%	1,135	2.71%	86
Baby's feeds - age - how old was when other liquids were first added to the feeds	0.14		0.12		86
Other liquids - age - days/weeks/months/years: Days	265	0.47%	170	0.41%	87
Other liquids - age - days/weeks/months/years: Weeks	137	0.24%	85	0.20%	83
Other liquids - age - days/weeks/months/years: Months	1,319	2.34%	840	2.01%	86
Other liquids - age - days/weeks/months/years: Years	61	0.11%	39	0.09%	82
Baby's feeds - solid foods - have solid foods such as cereals, mashed up or pureed meat, vegetables or fruits	793	1.41%	518	1.24%	88
Baby's feeds - solid foods - age	0.21		0.18		86
Solid foods - age - days/weeks/months/years: Days	3	0.01%	2	0.00%	0
Solid foods - age - days/weeks/months/years: Weeks	5	0.01%	3	0.01%	100
Solid foods - age - days/weeks/months/years: Months	2,552	4.52%	1,630	3.89%	86
Solid foods - age - days/weeks/months/years: Years	45	0.08%	27	0.06%	75
Baby's feeds - first solid food: Infant cereals	1,649	2.92%	1,045	2.50%	86
Baby's feeds - first solid food: Meat, fish or poultry	101	0.18%	68	0.16%	89
Baby's feeds - first solid food: Meat alternatives	22	0.04%	14	0.03%	75
Baby's feeds - first solid food: Fruits or vegetables	766	1.36%	494	1.18%	87
Baby's feeds - first solid food: Other	67	0.12%	40	0.10%	83

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Baby's feeds - other liquids/solid foods - reason: Not enough breast milk	277	0.49%	180	0.43%	88
Baby's feeds - other liquids/solid foods - reason: [Baby was ready for solid foods]	1,516	2.68%	962	2.30%	86
Baby's feeds - other liquids/solid foods - reason: Inconvenience/fatigue due to breastfeeding	26	0.05%	17	0.04%	80
Baby's feeds - other liquids/solid foods - reason: Difficulty with breastfeeding	8	0.01%	6	0.01%	100
Baby's feeds - other liquids/solid foods - reason: Medical condition - mother	7	0.01%	5	0.01%	100
Baby's feeds - other liquids/solid foods - reason: Medical condition - baby	43	0.08%	27	0.06%	75
Baby's feeds - other liquids/solid foods - reason: Advice from health professional/family	190	0.34%	121	0.29%	85
Baby's feeds - other liquids/solid foods - reason: Returned to work/school	15	0.03%	10	0.02%	67
Baby's feeds - other liquids/solid foods - reason: Formula equally healthy for baby	17	0.03%	9	0.02%	67
Baby's feeds - other liquids/solid foods - reason: Other - Specify	158	0.28%	98	0.23%	82
Weight before pregnancy (in kilograms)	2.70		2.32		86
Weight gained during pregnancy (in kilograms)	0.63		0.54		86
Exclusively breastfed for 6 months (or more): Had exclusively breastfed last baby at least 6 months	1,053	1.86%	669	1.60%	86
Exclusively breastfed for 6 months (or more): Did not exclusively breastfeed last baby at least 6 months	1,472	2.61%	945	2.26%	87
Exclusively breastfed for 6 months (or more): Has not breastfed her last baby at all	80	0.14%	48	0.11%	79
Length of exclusive breastfeeding: Less than 1 week	120	0.21%	77	0.19%	90
Length of exclusive breastfeeding: 1 week to less than 1 month	91	0.16%	56	0.14%	88
Length of exclusive breastfeeding: 1 month to less than 2 months	39	0.07%	26	0.06%	86
Length of exclusive breastfeeding: 2 months to less than 3 months	21	0.04%	13	0.03%	75
Length of exclusive breastfeeding: 3 months to less than 4 months	92	0.16%	61	0.15%	94
Length of exclusive breastfeeding: 4 months to less than 5 months	93	0.17%	61	0.15%	88
Length of exclusive breastfeeding: 5 months to less than 6 months	157	0.28%	97	0.23%	82
Length of exclusive breastfeeding: 6 months or more	439	0.78%	278	0.66%	85
Child received vitamin D: Baby never received Vitamin D supplement	347	0.61%	226	0.54%	89
Child received vitamin D: Baby received vitamin D only when under 1 year old	1,761	3.12%	1,122	2.68%	86

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Child received vitamin D: Baby received vitamin D both before and when older than 1	497	0.88%	313	0.75%	85
Smoking during Maternal Experience					
Smoked cigarettes 3 months before last pregnancy	751	1.33%	463	1.11%	83
Smoked cigarettes 3 months before last pregnancy: Everyday	202	0.36%	121	0.29%	81
Smoked cigarettes 3 months before last pregnancy: Almost everyday	25	0.04%	14	0.03%	75
Smoked cigarettes 3 months before last pregnancy: About 2 or 3 times a week	27	0.05%	15	0.04%	80
Smoked cigarettes 3 months before last pregnancy: About once a week	33	0.06%	19	0.05%	83
Smoked cigarettes 3 months before last pregnancy: Once or twice	15	0.03%	10	0.03%	100
Smoked cigarettes 3 months before last pregnancy: Never	449	0.80%	284	0.68%	85
Smoked cigarettes after finding out about pregnancy	750	1.33%	464	1.11%	83
Smoked cigarettes after finding out about pregnancy: Everyday	86	0.15%	52	0.12%	80
Smoked cigarettes after finding out about pregnancy: At least once	67	0.12%	38	0.09%	75
Smoked cigarettes after finding out about pregnancy: Never	597	1.06%	374	0.89%	84
Smoked cigarettes last 3 months of pregnancy	750	1.33%	464	1.11%	83
Smoked cigarettes last 3 months of pregnancy: Everyday	79	0.14%	46	0.11%	79
Smoked cigarettes last 3 months of pregnancy: At least once	39	0.07%	23	0.05%	71
Smoked cigarettes last 3 months of pregnancy: Never	632	1.12%	395	0.94%	84
Second-hand smoke exposure during last pregnancy	142	0.25%	88	0.21%	84
Alcohol use during Maternal Experience					
Drank alcohol 3 months before last pregnancy	1,683	2.98%	1,058	2.53%	85
Drank alcohol 3 months before last pregnancy - frequency: Less than once per month	564	1.00%	356	0.85%	85
Drank alcohol 3 months before last pregnancy - frequency: Once per month	267	0.47%	177	0.42%	89
Drank alcohol 3 months before last pregnancy - frequency: 2 to 3 times per month	331	0.59%	203	0.48%	81
Drank alcohol 3 months before last pregnancy - frequency: Once a week	294	0.52%	186	0.44%	85
Drank alcohol 3 months before last pregnancy - frequency: More than once a week	226	0.40%	136	0.32%	80
Drank alcohol after finding out about pregnancy	60	0.11%	35	0.08%	73
Drank alcohol while breastfeeding last baby	731	1.29%	451	1.08%	84
Drank alcohol while breastfeeding last baby - frequency: Less than once per month	403	0.71%	251	0.60%	85
Drank alcohol while breastfeeding last baby - frequency: Once per month or more	328	0.58%	200	0.48%	83

Index	Description
≥ 180	Extremely High
≥ 110 and < 180	High
≥ 90 and < 110	Similar
≥ 50 and < 90	Low
< 50	Extremely Low

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Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.

Data Vintage: Data Vintage: 2022/2023